

GALA
DIA • BEAT • IT
2015



**JOSÉ
THÉODORE**
Honorary President

*TVA Hockey Analyst
Former Montreal Canadiens
Goalie*

**SOUVENIR
PROGRAM**



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JDRF



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We would like to thank you for attending this year's DIA-BEAT-IT Gala, in support of JDRF Canada. We were honoured to welcome you as our guests.

JDRF is passionate about our commitment to raise funds to facilitate the best research to cure, better treat, and prevent type 1 diabetes (T1D). The funds raised at tonight's DIA-BEAT-IT Gala will have a tremendous impact on the lives of people at all ages and all stages of the disease to live better, longer and healthier lives.

Type 1 diabetes research advancements are already making great strides in 2015. After several years of research and efforts, JDRF's encapsulation project, in collaboration

with ViaCyte in San Diego, USA, has now reached a new key milestone with the launch of a second site for clinical trials in Edmonton, Alberta. First of its kind in Canada, this clinical trial is led by Dr. James Shapiro and his team who is renowned for having developed the Edmonton Protocol, which has targeted the islet transplant as a replacement avenue to remove the burden of multiple daily insulin injections from the lives of people with T1D.

On behalf of JDRF and our Board of Directors, we would like to express our sincere gratitude to all of the volunteers, donors, sponsors and staff in Quebec for their passion and dedication in preparing the 2015 DIA-BEAT-IT Gala.

We would also like to thank you for your continued commitment. You are making a profound impact on the quality of life and the futures of those living with T1D. Your generosity is admired by us all and we know that together, we can turn type one into type none.

Regards,



MATT VAREY
Chair, Board of Directors



DAVE PROWTEN
President and CEO





The DIA-BEAT-IT Gala brings together JDRF's friends and partners so that together, we can turn type one into type none. On this occasion, we want to highlight the exceptional work of Eric Stevens, Chairman of the Steering Committee, as well as the work of each of its members, whose collaboration is truly essential in every respect. We also want to mention the commitment and support demonstrated this year by the members of the recently-formed Young Leaders Committee, who singlehandedly sold close to 30 tickets. Of course, we must also mention the participation and contagious enthusiasm of our young Ambassadors who, year after year, give so generously of their time and talent. Let's not forget the efforts of the JDRF team. Each and every one of you has earned our grateful recognition and admiration!

This year, the DIA-BEAT-IT Gala has a new face, thanks to the dedication of our Honorary President, Mr. José Théodore, famous goalie of the history of the Montreal Canadiens. Through his sensitivity and commitment to our mission, Mr. Théodore, now an analyst on the TVA network, has demonstrated that type 1 diabetes not only impacts affected people, but also everyone around them. For this, and for honouring us by your presence, please

accept our most grateful thanks, to you and to your charming wife, Stéphanie. Your participation has allowed JDRF to raise more than \$425,000 to advance research.

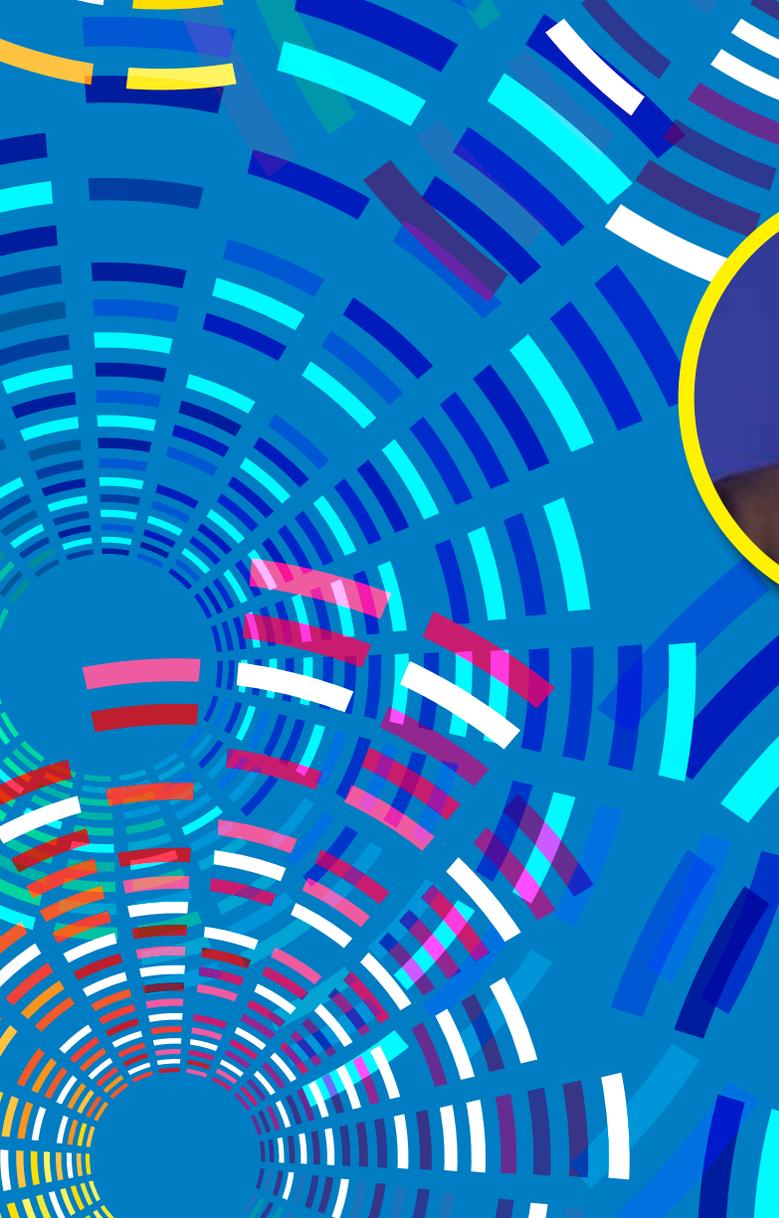
JDRF works with a large range of partners, and remains the only organization with the scientific resources, decisional influence and work plan for better treating, preventing and—one day—curing T1D. As the largest charitable funder of T1D research, JDRF currently manages a robust research portfolio worth 530 million dollars, with projects underway in 17 countries.

Created and managed since the very beginning by people who have a personal connection with T1D, JDRF is still fueled by the passion of grassroots volunteers who embody our determination to finding a cure. Working together makes us stronger, and that strength will ensure that we will turn type one into type none.

Thank you!

DAVID KOZLOFF
Chairman, JDRF – Quebec Region

FRANCINE BOURDEAU
Regional Director, JDRF – Quebec Region



commitment of our families and volunteers who, with the help of our corporate partners and donors, work tirelessly to bring about a world finally free of diabetes. By being part of our circle of guests and benefactors, you are helping JDRF to remain a global leader in T1D research funding.

On behalf of the Committee, I also want to extend our warmest thanks to our Honorary President, Mr. José Théodore, analyst on the TVA network and famous goalie of the history of the Montreal Canadiens. And of course, I would not want to forget to thank the woman who has also embraced our cause, his wonderful wife, Stéphanie. Thank you both for having graced us with your presence.

ERIC STEVENS

Partner, Norton Rose Fulbright

Each year, the DIA-BEAT-IT Gala gives us the opportunity to gather together to say how urgent it is to fund research if we are soon to turn type one into type none. But although this Gala is one of JDRF's most prestigious events, to be honest, I would rather not have to deliver that message. In truth, I'm here because both my wife and daughter have type 1 diabetes (T1D). If someone close to you is affected with the disease, you probably share in my greatest wish—for them not to have to live with that burden—and understand why I fully support JDRF's mission.

As Chairman of the DIA-BEAT-IT Gala Steering Committee, please accept my most heartfelt thanks for your continued support. This support is a sign of the unshakable



Taking part in the 2015 DIA-BEAT-IT Gala was a moving experience for me, but also for Stéphanie, who has been sharing my life for nearly 20 years. We both know the daily challenges involved in managing type 1 diabetes, as we also know the complications that this auto-immune disease brings to the life of affected people.



By taking part in the 2015 DIA-BEAT-IT Gala, we let ourselves be guided by the hope that JDRF-funded research provides. This is why I want to thank all of the volunteers, including our Young Ambassadors and the 300 people or so present here tonight, for the part they played in ensuring the success of this truly high-spirited evening! Thank you to all who made it possible to raise more than \$425,000 and who, year after year, continue to support JDRF's mission. Together, let's turn type one into type none!

JOSÉ THÉODORE

TVA Hockey Analyst

Former Montreal Canadiens Goalie



“Type 1 diabetes research is a cause very close to my heart as every day I witness the burden of the disease on my spouse, Stéphanie, who has been living with type 1 diabetes since her childhood.”

Ensemble tout est possible



Banque Nationale est fière de s'associer
au Gala annuel de la FRDJ et ainsi contribuer
à mettre fin au diabète de type 1.



Réalisons vos idées



MISSION

For over 40 years, JDRF has been a global leader in the search for an end to type 1 diabetes (T1D), through both research funding and advocacy. During that time, we have always talked about a cure as a singular destination: a return to normal physiology.

We also recognize that a part of our mission must be to help those living with T1D today to live healthier, easier, and safer lives until we arrive at the end of that path. As better treatments unfold and the prospect of curing this disease rests on the horizon, we remain ever-committed to directing more resources to launch and sustain innovative research and clinical trials from coast-to-coast.

FRDJ
LE DT1
ÇA ME
RESSEMBLE™

Alexandra, 7 ans
Diagnostiquée, 5 ans

J'aime faire de la danse jazz!

JDRF
T1D
LOOKS
LIKE me™

Andria, 20 yrs old
Diagnosed, 17 yrs old

I love teaching kids how to dance!

FRDJ
LE DT1
ÇA ME
RESSEMBLE™

Émile, 1 an et 8 mois
Diagnostiqué, 10 mois

J'aime câliner!

JDRF
T1D
LOOKS
LIKE me™

Joelle, 12 yrs old
diagnosed, 2 yrs old

Laughter is the best medicine

I love swimming in the lake!

FRDJ
LE DT1
ÇA ME
RESSEMBLE™

Juliette, 8 ans
Diagnostiquée, 7 ans

J'aime jouer au soccer avec mes amis!

JDRF
T1D
LOOKS
LIKE me™

Marco, 12 yrs old
diagnosed, 11 yrs old

I love playing all kinds of sports!

JDRF
T1D
LOOKS
LIKE me™

Matt, 11 yrs old
Diagnosed, 6 yrs old

I love to breakdance!

JDRF
T1D
LOOKS
LIKE me™

Jonathan, 15 yrs old
Diagnosed, 11 yrs old

I love learning new things!

FRDJ
LE DT1
ÇA ME
RESSEMBLE™

Brandon, 22 ans
Diagnostiqué, 8 ans

J'aime faire du Ski Alpin!

JDRF
T1D
LOOKS LIKE *me*

Anthony, 15 yrs old
Diagnosed, 7 yrs old

I love to play Golf!

FRDJ
LE DT1
ÇA ME RESSEMBLE™

Damien, 10 ans
Diagnostiqué, 5 ans

J'aime jouer au Basketball!

JDRF
T1D
LOOKS LIKE *me*

Liana, 12 yrs old
Diagnosed, 7 yrs old

I love Baking!

FRDJ
LE DT1
ÇA ME RESSEMBLE™

Laurie, 14 ans
Diagnostiquée, 11 ans

J'adore la danse et la natation!

JDRF
T1D
LOOKS LIKE *me*

Maria, 10 yrs old
Diagnosed, 2 yrs old

I love to bake!

FRDJ
LE DT1
ÇA ME RESSEMBLE™

Rosalie, 13 ans
Diagnostiquée, 5 ans

J'aime jouer au Bowling!

JDRF
T1D
LOOKS LIKE *me*

Justin, 10 yrs old
Diagnosed, 7 yrs old

One day, I want to play in the NHL!

FRDJ
LE DT1
ÇA ME RESSEMBLE™

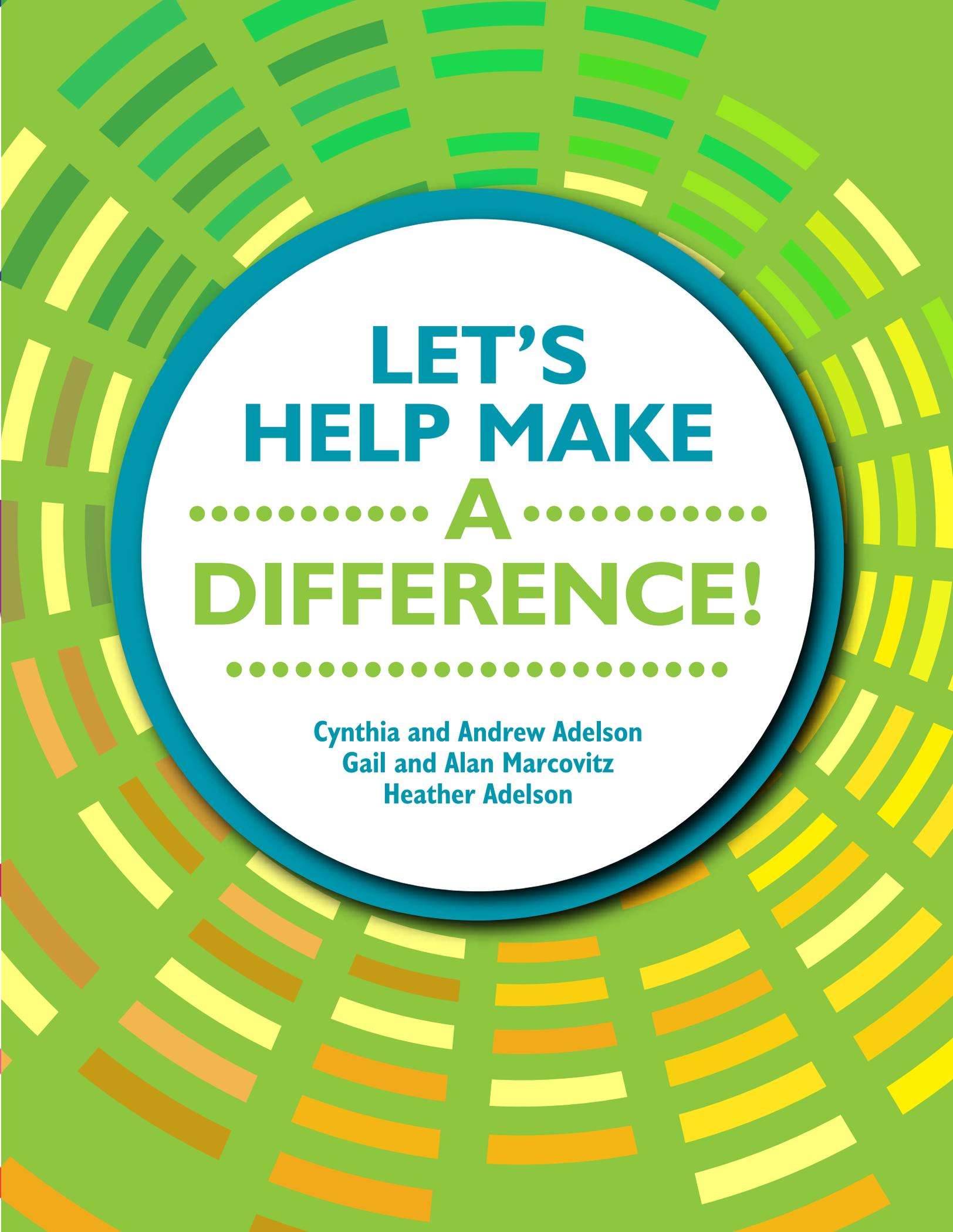
Max, 6 ans
diagnostiqué, 2 ans

J'aime jouer aux LEGO®!

JDRF
T1D LOOKS LIKE *me*

VICTORIA, 18 YEARS OLD
DIAGNOSED AT 18 MONTHS OLD

I love music and fashion



**LET'S
HELP MAKE**

..... **A**

DIFFERENCE!

.....

**Cynthia and Andrew Adelson
Gail and Alan Marcovitz
Heather Adelson**



LIVING WITH T1D

Living with T1D is a constant challenge. People with the disease must carefully balance insulin doses (either by injections multiple times a day or continuous infusion through a pump) with eating, and daily activities throughout the day and night. They must also test their blood sugar by pricking their fingers for blood six or more times a day. Despite this constant attention, people with T1D still run the risk of dangerous high or low blood sugar levels, both of which can be life-threatening. People with T1D overcome these challenges on a daily basis.

KEY STATISTICS

- In 2014, **3.3 million Canadians** are living with some form of diabetes.
- Over **300,000 Canadian** children, adolescents, and adults live with T1D.
- According to the International Diabetes Federation, the worldwide population affected by diabetes (both T1D and type 2 diabetes) is now **366 million**, and will rise to 552 million by 2030.
- In Canada, more than **20 people** are diagnosed with diabetes every hour of every day.
- Living with T1D requires approximately **1,460 needles** (based on four injections per day) and **2,190 finger pokes** a year to test blood sugar levels.

WHAT IS T1D?

Type 1 diabetes (T1D) is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone that enables people to get energy from food. It occurs when the body's immune system attacks and destroys the insulin-producing cells in the pancreas, called beta cells. There is nothing you can do to prevent T1D, and—at present—nothing you can do to get rid of it.

T1D strikes both children and adults at any age. It comes on suddenly, causes dependence on injected or pumped insulin for life, and carries the constant threat of devastating complications.

While insulin injections or infusion allow a person with T1D to stay alive, they do not cure the disease, nor do they necessarily prevent the possibility of the disease's serious effects, which may include kidney failure, blindness, nerve damage, amputations, heart attack, stroke, and pregnancy complications.



















THANK YOU FOR CHOOSING JDRF

Type 1 diabetes (T1D) is an autoimmune disease in which a person's pancreas stops producing insulin, a hormone that enables people to get energy from food. It occurs when the body's immune system attacks and destroys the insulin-producing cells in the pancreas, called beta cells. There is nothing you can do to prevent T1D, and—at present—nothing you can do to get rid of it.

We take scientific developments and translate them into cures, treatments, drugs, and therapies by investing in all stages of research; from discovery right through to clinical trials. We form partnerships with industry to ensure that viable research actually makes it out of the lab and to patients. This practice allows us to obtain tangible results to deliver to patients. In fact, JDRF-funded research with industry partners is progressing to the most advanced stages of clinical testing!

BELOW ARE SOME EXAMPLES OF WHAT HAS BEEN MADE POSSIBLE THROUGH YOUR SUPPORT:

- As part of JDRF Canadian Clinical Trial Network (CCTN), JDRF launched the Transition Trial, which looks at the transition from pediatric care to adult care. The goal of the study is to improve clinic adherence and health outcomes by closing the gap in the care of this population at a vulnerable time.
- Thanks to the efforts of JDRF, out-of-hospital artificial pancreas human clinical trials have taken place in North America, taking us one step closer to bringing this much anticipated device to market. An artificial pancreas would mean better control of blood sugars reducing dangerous complications.



- With your financial support, JDRF is able to help fund Dr. Rémi Rabasa-Lhoret in Montreal, who is developing a unique closed-loop system that dispenses insulin as well as glucagon in an effort to provide automated “tight control” while at the same time avoiding hyper or hypoglycemia. This model has been moved to an ambulatory setting outside the hospital helping to shorten the development time period to bring this therapy to patients.
- Advancing the development of new technology, your funding has enabled JDRF to support work aimed at progressing artificial pancreas standards. Dr. Joseph Cafazzo and colleagues at University Health Network plan to develop international standards for interoperability and device communication. They intend to design a prototype artificial pancreas management application which runs on a mobile platform. This demonstrates a next generation artificial pancreas prototype which will include a standardized blood glucose meter, CGM and insulin pump which can be monitored on an open concept mobile platform and allows these devices to talk to each other and alert the user via text message.

JDRF achieves outcomes that enhance the quality of life and future of people living with diabetes. We are part of an international organization, investing in the most promising of pathways to a cure and encouraging collaboration amongst the best researchers globally.

It really is an exciting time for diabetes research in Canada.

THANK YOU FOR CHOOSING JDRF!

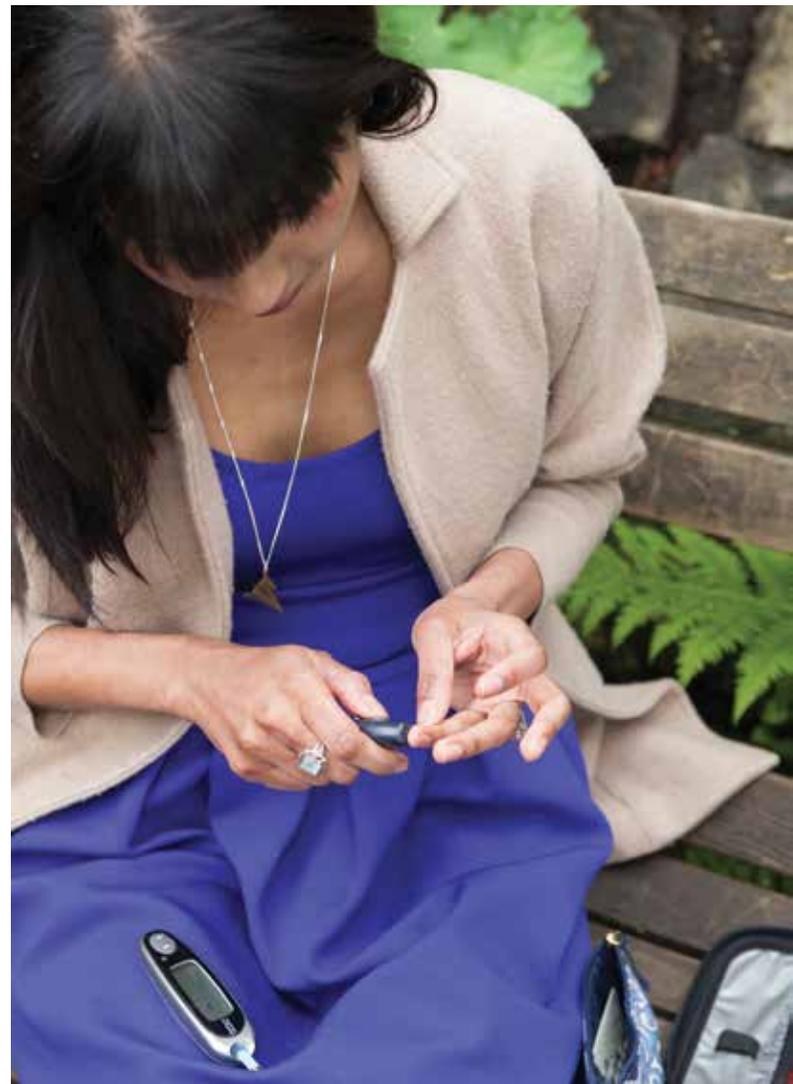
JDRF CANADIAN CLINICAL TRIAL NETWORK

JDRF Canadian Clinical Trial Network (JDRF CCTN) is changing the landscape of type 1 diabetes (T1D) research in Canada. The most ambitious project in JDRF Canada's history, JDRF CCTN represents Canada's long-standing leadership in T1D research, and demonstrates how JDRF is entering a new phase in our mission to find a cure for T1D and its complications.

Since 2009, JDRF CCTN has rapidly flourished into a groundbreaking initiative that is speeding up the pace for solutions to cure, better treat and prevent T1D. Bringing together the country's top physicians, scientists, and innovators from leading hospitals, academic medical centres, and industry, JDRF CCTN is conducting high-impact clinical trials of cutting-edge diabetes treatments and technologies, and investigating the most promising paths to cure, prevent and better treat T1D. From the development of an artificial pancreas, to therapies designed to halt or prevent the destruction of insulin-producing beta cells, and new clinical care programs, JDRF CCTN researchers are working to bring the latest research advances to Canadian families with T1D sooner.

JDRF CCTN was created to accelerate these advances from the lab to the clinic, ensuring that no opportunity is missed. Currently JDRF CCTN has 12 active and recruiting clinical trials and one technology project. This network has positioned Canada as an international destination for diabetes translational research, innovation, and commercialization of new therapeutics and technologies. JDRF CCTN has a strong mission and vision to progress and improve diabetes research in Canada through development of new treatments and technology.

For more information, please visit jdrf.ca/cctn. Your participation at tonight's Gala will play an integral part in the search for a cure.



HOW TO GET INVOLVED?

TELUS WALK TO CURE DIABETES

A fun and active fundraising event attracting over 48,000 Canadians annually. jdrf.ca/walk

RIDE FOR DIABETES RESEARCH

A great corporate team building event raising funds for T1D research. Teams of five riders alternate riding stationary bikes over a 40-minute period. jdrf.ca/ride

JDRF GALAS

Formal evening Galas take place across Canada to fundraise and celebrate JDRF's supporters. jdrf.ca/galas

MAJOR GIFTS

JDRF's Major Gifts program invites corporations, individuals and foundations to make a philanthropic gift to research through a multi-year pledge or donation.

OUTREACH

JDRF's Outreach program provides social, emotional and practical support, mentoring, and information to newly diagnosed children and adults, and their families. jdrf.ca/outreach

ADVOCACY

JDRF Advocates actively participate in the legislative decision-making process as it affects research to find a cure for diabetes and its complications. jdrf.ca/advocacy

THIRD PARTY EVENTS – FUNDRAISE YOUR WAY

A fun and unique opportunity to get involved! Run your own fundraising activity. Garage sales, sports tournaments and school activities are fundraising ideas that will help bring us one step closer to a cure. jdrf.ca/fundraiseyourway

For more information, or to get involved, please visit jdrf.ca or call us at **514 744-5537**.

FUNDRAISE YOUR WAY!

Would you like to make a difference in the lives of those living with type 1 diabetes (T1D)? Spaghetti nights, bowl-a-thons, sport tournaments or school activities are fundraising ideas that will help bring us one step closer to a cure.



THANK YOU!

Special thanks to all JDRF friends and supporters for their **generosity** and **creativity**. Our success stems from the commitment of our dedicated volunteers.

GENWORTH FINANCIAL CANADA GOLF TOURNAMENT

To help further JDRF's mission, Golfers at Genworth's annual tournament raised **\$14,000** in 2015, propelling the total amount, raised over the years, to \$100,000. Thank you!

PENTIAN CONSTRUCTION GOLF TOURNAMENT

JDRF was selected as one of the foundations to benefit from funds raised during Pentian's annual golf tournament. In 2015 they have generously contributed **\$20,000** for T1D research. Tournament organizer, Tony Amato's 15 year old son, Anthony, lives with T1D and was on-site to meet participants.

SAINT-LAMBERT EN FÊTE!

From the 20th to the 23rd of August, Saint-Lambert was celebrating! Mrs. Anick Michaud and the Saint-Lambert Proxim pharmacy decided to conduct a JDRF fundraising campaign as part of the 40th edition of the "Saint-Lambert en fête" event. We thank you all from the bottom of our hearts.

BOUGE DON!

This past September 12th, the Saint-Raymond population was invited to walk or run a total of 5 km throughout the beautiful trails on Mount Laura. Over **\$17,500** was raised in support of type 1 diabetes research. The Saint-Raymond Juvenile Diabetes Organization invites you to attend the third edition next year.

There are many different ways that you can raise money for JDRF and help us improve the lives of people living with type 1 diabetes (T1D). To learn more about the JDRF's "Fundraise Your Way" programs and how you can create your own fundraising event for JDRF, please visit jdrf.ca/fundraiseyourway.

TELUS WALK RAISES OVER \$510,000 IN 2015!

JOIN THE COMMUNITY IN 2016 – NEXT JUNE 12!

Over **4,800** participants took part in the TELUS Walk to Cure Diabetes in Montreal, Quebec City, Matane and West Island College, helping JDRF raise over **\$510,000** to date.

THANK YOU TO OUR VOLUNTEERS AND MAJOR SPONSORS:

National Title Sponsor | **TELUS**

National Sponsor | **Sun Life Financial**

National Supplier | **SunRype**

Thank you also to our generous local partners for their support and generosity.

THANK YOU AND SEE YOU SOON!





2015 RIDE FOR DIABETES RESEARCH

JDRF QUEBEC – OVER 1 MILLION DOLLARS RAISED TOWARDS DIABETES RESEARCH

The three Ride for research events, held in Quebec, made it possible to raise a total of **\$1,000,000!** Close to **4,200** riders, hailing from various business sectors such as banking, legal, accounting, insurance, real estate and others, took part in the Montreal, Laval and Quebec City ride events.

Thank you, also to our to our volunteers and partners for their support and generosity.

*Be a Collector*SM

OF ENDLESS SUMMERS.

Time together—away from it all—is a luxury. We work hard so we can play, escape, relax and enjoy the summer months. That's why we believe every vacation should be extraordinary.

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YOUNG LEADERS COMMITTEE

A **Young Leaders Committee** was created in 2014 to better prepare the new generation of philanthropists at JDRF and to help raise vital funds for T1D research. The members of this committee organized their first Young Leaders Cocktail at the Rialto Theatre last May 6th, 2015. They welcomed over 250 participants and raised over \$6,000. They contribute and participate with great enthusiasm in every JDRF activity such as the DIA-BEAT-IT Gala, the TELUS Walk, the Ride and the Games For Hope in 2015.

IN 2016, THE YOUNG LEADERS COCKTAIL WILL TAKE PLACE ON MAY 26TH ONCE AGAIN AT THE RIALTO THEATRE AT WHICH OVER 350 GUESTS ARE EXPECTED. THE OBJECTIVE FOR THIS YEAR IS TO RAISE OVER \$12,000.

THANK YOU VERY MUCH TO OUR 2015 PARTNERS!

Rialto Theatre, Traiteur Bon Appétit, Landry Musi Financial Services Firm

COMMUNITY ENGAGEMENT

PROVIDING VALUABLE SUPPORT

JDRF's Community Engagement Program is committed to providing meaningful social, emotional, and practical support and information to newly diagnosed children and adults, and to their families.

JDRF's Bag of Hope Program provides support and information for families who are facing T1D for the first time. The JDRF Bag of Hope is a complimentary over-the-shoulder satchel filled with a variety of educational and reference materials. For children under the age of 12, the Bag of Hope also includes Rufus, the Bear with Diabetes™, a plush bear designed to help children learn about insulin injections.

The Mentor Program provides one-on-one support to families and individuals living with type 1 diabetes (T1D). Trained volunteers that have experienced and understand the daily challenges of living with T1D are here to provide emotional support, and connect you with resources in your local area.

The School Advisory Toolkit offers collaborative methods for educators and parents of children with diabetes to ensure that every child enjoys the best possible school experience.

Outreach provides 3 to 4 activities a year aimed to provide an activity for T1D to share their personal experiences while doing a fun activity. For more information, please contact JDRF Quebec.





© Maxim Morin / OSA

BARBARA JARDIN: RECONQUERING HER OLYMPIC DREAM

In September 2014, Barbara Jardin was diagnosed with type 1 diabetes (T1D) during a visit to the hospital on her return from Corsica. For quite a few months, she'd been trying to cope with feeling weak and tired all the time, and now, she wanted to get to the bottom of it. More than once, her coach was surprised to find her propped up at the pool's water line, trying to catch her breath, her vision blurred. A swimmer in the Canadian Olympic Team, and a finalist in the women's 4 x 200-metre freestyle at the 2012 London Olympic Games, she nearly made the podium with her teammates.

Should she be giving up? She'd thought about it many times, huddling in the locker room, her fingers clutching the swim cap that bore her name. She even stopped training for several months, before she realized that intensive sports could help manage her diabetes. An athlete's mental training is not that easily overcome. The smell of the pool, the blue line, the exhilaration felt when stepping on the diving board, the roar of the public in the stands as she came up for air... how could she give this up? For this shark lover, swimming is second nature, and part of a long Jardin family tradition passed from mothers to daughters!

When we met with Barbara last summer, she'd just signed up to return to competition, thanks to a [crowdfunding campaign](#) that allowed her to raise over \$8,500 to cover the cost of an insulin pump. The goal was clear: increasing her chances of getting back to a higher level, and qualifying for the 2016 Rio Olympic Games. A champion through and through, Barbara also wanted to inspire other athletes, other diabetics, to fight for their dreams. Without any hesitation, she accepted the role of JDRF Ambassador, and became the face of the NDAM's "T1D Looks Like Me" campaign throughout November 2015.

Bolstered by the wave of support she received from the entire T1D community, Barbara shared her story in the [papers](#), on [television](#), and in social media. Barbara knows too well that qualifying for Rio 2016 won't be easy. She knows the challenges that T1D will impose on her training and her qualifying time. But once in the water, everything comes together—chlorine, sweat and tears—and the temptation to send her insulin pump crashing against the wall quickly vanishes under the superior internal strength she draws from her determination. Hope and sacrifice are both sides of the same medal.

You may send letters of encouragement as well as children's photos and drawings to:

Barbara Jardin | c/o JDRF | 615 René-Lévesque Boulevard West, Suite 330 | Montreal, Quebec H3B 1P5

You can also make a donation to JDRF in honour of Barbara. We will send her a card on your behalf.

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Huge congratulations to the **Garfinkle** and **Rapkowski** families for the amazing job they have done with type 1 diabetes.

We wish them much continued success!

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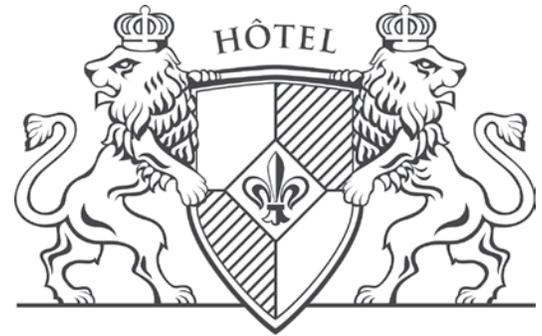
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